

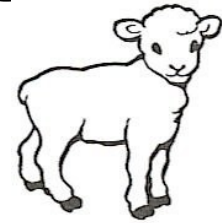
# Ewe's News

Volume 1, Issue 2

October 2009

Little Lambs Parent Cooperative Preschool

A Non-Profit, Christian Preschool \* \* \* \* 1977-2010



## HARVEST PARTY

On **Wednesday, October 26th** and **Thursday, October 27th** we will have our in class parties. We will be celebrating the season of autumn with a harvest party! This will be a day we invite parents to come and join in on the fun with us. Please plan on sending your child into school at the regularly scheduled time of 9:00 a.m. The morning parties will begin at 10:30 a.m.



Please **DO NOT** dress your child in a costume. If you would like to dress your child in the October color of orange, that would be fine, but not necessary. There will be a sign-up sheet posted outside our classroom door for the special treats we will be needing.



are welcome to attend. We love to see everyone at these events. Please try to make sure that your child has at least one person to attend with them, so they do not feel left out of the family fun.



We will have some extra special activities on this day so make certain to bring your cameras! Siblings and family members

## Fundraising Updates

Thank you to those of you who participated in our flower bulb fundraiser!

Our next fundraiser will be the **Gordon Food Service A La Carte fundraiser.**



home in backpack mail. Don't forget about D&W Days from Sept. 26th to Oct 2nd and Oct. 17th to 23rd. Little Lambs code is 73375.

Look for fundraiser forms and information to come

### Dates to Remember:

**10/5 & 10/6** Koetsiers Greenhouse field trip. \$5.00 per child

**10/10** Board Meeting 7 p.m.

**10/19 & 20** School Picture Days

**10/26 & 27** Orange Day: Wear something orange. Bring in something small and orange for our orange board

**10/26&27** Harvest Party

### October Themes:

- Fall Changes
- Trees & Leaves
- Pumpkins, bats & spiders
- Fall Harvest

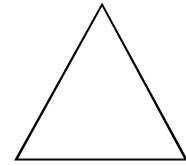


# Learning Focus for October

# B C

Color: Orange    Shape: Triangle

Letter: B, C    Zoo-phonics: Bubba Bear & Catina Cat  
Numbers: 2,3,4,5    Character Counts: Respect & Manners



Bubba Bear



Catina Cat

If you would like more information on Zoo-Phonics, visit [www.zoophonics.com](http://www.zoophonics.com)



## Songs & Poems to Learn



### Happy Pumpkin

Happy, Happy are the pumpkins on the eve of Halloween. (2x) Ghosts and goblins make us screech. Boys and girls go trick or treat. Happy, Happy are the pumpkins on the eve(to the tune of "Twinkle, Twinkle Little Star")

### The Pumpkin Song

Pumpkin, pumpkin big and round, pumpkin, pumpkin on the ground. Pumpkin, pumpkin orange and fat, pumpkin, pumpkin look at that! Pumpkin, pumpkin my oh my, I can't wait for pumpkin pie!" of Halloween. (sing twice)

### The Promise Prayer

I'm promising dear Jesus to follow you today, and to obey your every rule in all I do and say. To always be a loving child; helpful, kind, and sweet. To give the love you give to me, to everyone I meet. But if this promise I should break, or if I bring you sorrow, then help me to begin again and keep my promise tomorrow. Amen



## 5 Easy Ways to Stay Connected to Your Children

- Eat together at least twice a week.** Make the main activity conversation not just eating.
- Select a game and play it regularly.** For younger children try Chutes and Ladders or Candy Land. For older children try Monopoly, Scrabble, or even basketball is a good option.
- Use chauffeuring time well.** Your child may feel more comfortable talking when she thinks your attention is on the road. Leave the radio off and tune him or her in.
- Surprise him by helping with one of his chores.** That tells him or her that you are on their side.
- Be there.** You don't always have to be doing something with your children to stay connected. Sometimes just being home and in the same room is enough.  
The key to successful parent/child communication is to stay connected from the start.

## Are You Helping Your Child Learn Good Manners?

Source: The Parent Institute

Being polite and getting along are important social skills your child will need to succeed in school. Take this quiz to see if you're instilling good manners in your preschooler. Answer *yes* or *no* to the following statements:

1. **I model polite talk.** I say, *please, thank you, and excuse me.*

2. **I teach my child** how to answer the phone. We practice saying, "Hello. Who's calling, please?"

3. **I help my child** send thank you notes. She draws a picture and I help her sign her name.

4. **I sometimes make dinner** a formal occasion. I show my child how to use the correct fork and place a napkin

in her lap.

5. **I teach my child** not to interrupt others when they are talking. We practice waiting until it is our turn to talk.

**How well are you doing?** Each *yes* answer means you are teaching your child to be polite. For each *no* answer, try that idea from the quiz.

## 4 Year Olds Should Be Taught to Mind Their Manners

Source: Peggy Post and Cindy Post Senning, "Raising Polite Preschoolers", Parents, 2002

Teach your child to respect the needs and feelings of others now. This will build the skills and confidence she'll need to handle social situations in school. Be sure to:

- **Set clear rules** about considerate behavior. "We don't talk when someone else is speaking."
- **Use words** your child can understand. "It's not nice to point at a person." "say, 'Excuse me,' when

you bump into someone."

- **Build empathy.** Point out the thoughtful actions of others. Say how these make you feel.
- **Encourage sharing.** Explain that taking turns will help your child make friends.
- **Say, "please," thank you** and "you're welcome." When your

child forgets, ask, "What's the magic word?" or "What do you say?"

- **Teach your child to meet** others. Teach her to say, "Hello," and to look straight at the person.
- **Point out when** it's proper to use a loud "big voice," or a softer "little voice."

## Limit Your Child's Exposure to Scary Images on the Nightly News, Videos, and Other Violent T.V. Programs.

Source: The Parent Institute, 2003

Much of what is seen on the nightly news is sad or shocking even to adults. For young children, it can be downright terrifying. Young children may be especially afraid of TV footage of disasters such as tornadoes and hurricanes. If your child sees something upsetting on the news, do all you can to reassure and soothe her. You can:

- Limit your child's exposure to the

news.

- Encourage your child to voice her fears.
- Hug and cuddle with your child.
- Tell your child that you and others who love him are working hard to keep him safe.

Here are some things NOT to do:

- Don't allow your child to watch upsetting news reports.
- Screen and limit all TV programs and videos your child watches (even the kid's shows).
- Don't ignore your child's fears or dismiss her quickly with a statement such as "there's nothing to be scared of."

Please remember that children attending Little Lambs must be potty trained. Teachers cannot change pull-ups. It is essential that each child is dressed in underwear!  
**PLEASE TAKE YOUR CHILD TO THE BATHROOM BEFORE CLASS!**



Contact Miss Kathy or Miss Julie

Please remember to keep a watchful eye on all of your children while dropping-off or picking-up your Little Lamb from preschool. Make sure to keep them near you while inside the hallway and classroom, as well as outside of the school near the parking lot.



THANK YOU !!!!

Weather is changing. Please watch the weather report in the morning and watch for fog delays. If Caledonia has a 2 hour delay, we are CLOSED.

### Miss Kathy's Wish List:

Straw bales  
 Dried seeds & Beans      Indian corn  
 Field corn      Pumpkins  
 Gourds      Acorns      Baby wipes



## Everyday Ways to Teach Values: RESPECT

### Common Problems for Kids:

- She talks back to adults.
- He teases or bullies peers.
- She takes things without asking.
- He has trouble taking turns.

### How to Help:

- Teach good manners so he knows specifically how to be a proper host, introduce himself, answer the phone, and be a good

teammate.

- Target a specific rude behavior (rolling her eyes, telling you "no") and point it out every time.
- Help him find words to tell you he is frustrated.
- Teach her how to disagree respectfully ("I guess we just don't see things the same way").

### Activities to Try:

- Create a secret signal to let her know when she's

being disrespectful.

- Create a family "Bill of Rights", including ways to treat people.
- Ask for examples of how he can show respect to an elderly person, a younger person, or a guest.



# Building Friendships in Early Childhood.

Source: Unknown

Friendships are important in helping children develop emotionally and socially. They provide a training ground for trying out different ways of relating to others.

Friendships are not just a luxury; they are a necessity for healthy psychological development. Research shows that children with friends have a greater sense of wellbeing, better self-esteem and fewer social problems as adults than individuals without friends.

In the toddler years, children begin to establish contact with peers, develop the rudiments of play behavior

and show preferences for certain playmates. Preschoolers identify specific children as friends and interact differently with friends than non-friends.

During the elementary years, children generally choose friends who are similar to themselves and who share their interests. At this age, children become increasingly group oriented; the most well-liked children are those who can manage social relations within a group.

## What Parents Can Do:

- Let your child know that you feel

friendships are important and worth the effort.

- Respect your child's social style; some children do best with a host of friends, and some do best with a few close friends. Some make friends quickly, others more slowly.
- Find practical ways you can help your child make room in his/her life for being with other children. Offer your home or accompany children on outings or make arrangements for your family to spend time with another family.

# Set a Few Simple Rules When Your Child Invites a Friend Over

Being able to play well with a friend is a key step in your child's social and emotional development. Yet few preschoolers are ready to mix without a little adult help. Plan for a good play date by:

- **Trying for even numbers** of children. A group of 3 preschoolers doesn't usually work. Instead, 2 children wind up playing together and the third is left alone.
- **Offering an activity.** Children can usually make up their own play. But doing a puzzle or finger

-painting together can be a nice break.

- **Serve a snack.** Encourage all the children to help. They can count out crackers or pass the napkins around.
- **Having the children take turns.** Some children really struggle with this. If so, give the visiting child first chance with a toy. Then set a timer for 2 minutes. When it goes off, another child gets a turn.

- **Putting away dangerous** objects, such as scissors. Also give your child a chance to put away one favorite toy, such as the teddy bear she sleeps with. Sharing such a special toy is hard for most preschoolers.
- **Keep it fairly short.** 1 to 2 hours is about right for most children.
- **Avoid T.V.** and other electronics. Children do not have the opportunity to really interact with each other if doing these things.